



Essential Skin Care Secrets For Beginners: Simple Homemade Recipes with Essential Oils for Natural Beauty and Glowing, Radiant Skin

Fiona Summers

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Learn how to get healthy, radiant skin the natural way, with simple, affordable, homemade beauty products.

This book is written for people just like you. Its honest straightforward, step-by-step approach will give you all knowledge and tools you need to transform your skin and banish chemical products from your life for good.

Inside the cover you will discover:

- What is your skin type?
- How to use essential oils for skincare
- Anatomy of the skin
- Advice and precautions
- Is your lifestyle harming your skin?

Dozens of recipes and step-by-step instructions will have you making your own natural skincare products in no time, for all skin types:

- Cleansers
- Toners
- Moisturisers
- Nourishing creams
- Facial Massage
- Nourishing Masques
- Exfoliating Scrubs

This guide has been written by a practicing beautician with over 20 years' experience. The recipes will not only save you money on skin care ingredients, they will transform your look.

You will feel more confident and more comfortable in your skin and you will radiate with the pleasure from all the compliments you receive.

Because people are going to notice the change almost immediately, I promise you. So come on, what are you waiting for....

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