



# **Confronting Hereditary Breast and Ovarian Cancer: Identify Your Risk, Understand Your Options, Change Your Destiny (A Johns Hopkins Press Health Book)**

*Sue Friedman, Rebecca Sutphen, Kathy Steligo*

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"Be informed. Be empowered. Be well."

If you are concerned that the cancer in your family is hereditary, you face difficult choices. Should you have a blood test that may reveal whether you have a high likelihood of disease? Do you preemptively treat a disease that may never develop? How do you make decisions now that will affect the rest of your life? This helpful, informative guide answers your questions as you confront hereditary breast and ovarian cancer.

Developed by Facing Our Risk of Cancer Empowered (FORCE), the nation's only nonprofit organization dedicated to supporting families affected by hereditary breast and ovarian cancer, this book stands alone among breast and ovarian cancer resources. Equal parts health guide and memoir, it defines complex issues facing previvors and survivors and provides solutions with a fresh, authoritative voice.

Written by three passionate advocates for the hereditary cancer community who are themselves breast cancer survivors, *Confronting Hereditary Breast and Ovarian Cancer* dispels myths and misinformation and presents practical risk-reducing alternatives and decision-making tools. Including information about genetic counseling and testing, preventive surgery, and fertility and family planning, as well as explanations of health insurance coverage and laws protecting genetic privacy, this resource tackles head-on the challenges of living in a high-risk body.

Confronting hereditary cancer is a complex, confusing, and highly individual journey. With its unique combination of the latest research, expert advice, and compelling personal stories, this book gives previvors, survivors, and their family members the guidance they need to face the unique challenges of hereditary cancer.

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**From reader reviews:**

**Angelina Rone:**

This Confronting Hereditary Breast and Ovarian Cancer: Identify Your Risk, Understand Your Options, Change Your Destiny (A Johns Hopkins Press Health Book) book is absolutely not ordinary book, you have it then the world is in your hands. The benefit you obtain by reading this book will be information inside this publication incredible fresh, you will get facts which is getting deeper anyone read a lot of information you will get. That Confronting Hereditary Breast and Ovarian Cancer: Identify Your Risk, Understand Your Options, Change Your Destiny (A Johns Hopkins Press Health Book) without we understand teach the one who reading through it become critical in considering and analyzing. Don't always be worry Confronting Hereditary Breast and Ovarian Cancer: Identify Your Risk, Understand Your Options, Change Your Destiny (A Johns Hopkins Press Health Book) can bring any time you are and not make your handbag space or bookshelves' grow to be full because you can have it in your lovely laptop even cell phone. This Confronting Hereditary Breast and Ovarian Cancer: Identify Your Risk, Understand Your Options, Change Your Destiny (A Johns Hopkins Press Health Book) having very good arrangement in word and also layout, so you will not sense uninterested in reading.

**Freddie Valdez:**

Nowadays reading books be than want or need but also become a life style. This reading practice give you lot of advantages. The advantages you got of course the knowledge even the information inside the book that improve your knowledge and information. The information you get based on what kind of publication you read, if you want attract knowledge just go with education books but if you want sense happy read one along with theme for entertaining for example comic or novel. Typically the Confronting Hereditary Breast and Ovarian Cancer: Identify Your Risk, Understand Your Options, Change Your Destiny (A Johns Hopkins Press Health Book) is kind of publication which is giving the reader unstable experience.

**Mike Edwards:**

As we know that book is important thing to add our understanding for everything. By a publication we can know everything you want. A book is a set of written, printed, illustrated or blank sheet. Every year ended up being exactly added. This e-book Confronting Hereditary Breast and Ovarian Cancer: Identify Your Risk, Understand Your Options, Change Your Destiny (A Johns Hopkins Press Health Book) was filled about science. Spend your spare time to add your knowledge about your scientific disciplines competence. Some people has different feel when they reading a new book. If you know how big selling point of a book, you can truly feel enjoy to read a publication. In the modern era like today, many ways to get book that you simply wanted.

**Kenneth Rogers:**

What is your hobby? Have you heard this question when you got scholars? We believe that that question was given by teacher to the students. Many kinds of hobby, Everyone has different hobby. Therefore you know that little person such as reading or as looking at become their hobby. You need to know that reading is very important and book as to be the issue. Book is important thing to provide you knowledge, except your own personal teacher or lecturer. You see good news or update with regards to something by book. Different categories of books that can you decide to try be your object. One of them is this Confronting Hereditary Breast and Ovarian Cancer: Identify Your Risk, Understand Your Options, Change Your Destiny (A Johns Hopkins Press Health Book).

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