



Geriatric Depression: A Clinical Guide

Gary J. Kennedy MD

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Written for a broad range of mental health professionals, this book explains why depression can be challenging to treat in older adults and describes the most effective interventions. Noted geriatric psychiatrist Gary J. Kennedy draws on extensive clinical experience and research to present current best practices in pharmacotherapy, psychotherapy, other psychosocial and lifestyle interventions, and electroconvulsive therapy. Depressive disorders complicated by psychosis, mania, dementia, and bereavement are addressed in detail, as is suicide prevention. Kennedy emphasizes the importance of integrating care across service settings and building strong partnerships with patients and their families. Quick-reference tables throughout the book distill critical elements of intervention.

See also the author's award-winning *Geriatric Mental Health Care: A Treatment Guide for Health Professionals*, which provides a framework for treating the most frequently encountered psychiatric problems in this population.

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