



Feed Your Horse Like a Horse: Optimize Your Horse's Nutrition for a Lifetime of Vibrant Health

Ph. D. Juliet M. Getty

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Feeding is the foundation of every horse's health, and every owner cares about it, but answers can be hard to find. Based on solid science and the author's long experience, *Feed Your Horse Like A Horse* illuminates the secrets of equine nutrition and points the way toward lifelong vitality for your horse. Part I explains the physiology of the horse's digestion and nutrient use; Part II offers recommendations for specific conditions such as insulin resistance and laminitis, as well as discussion about feeding through the life stages, from foals to athletes to aged horses. Whether you are a novice horse owner or a seasoned professional, *Feed Your Horse Like A Horse* will be your most valuable resource on equine nutrition.

You'll begin in Section 1 with an up-to-date overview of nutrition and horse physiology that is designed for everyone, from the novice to the lifelong horseman. Section 2 will empower you to make the right feeding decisions that support your horse's innate needs, regardless of his condition or activity type. As a reference book, you have the freedom to choose which sections to read. Topics include:

- * Choosing the right hay or concentrates
- * Helping easy and hard keepers
- * How vitamins and minerals work
- * Recognizing and eliminating stress
- * Importance of salt and other electrolytes
- * Treating insulin resistance
- * Reducing the risk of laminitis
- * Recovery for the rescued horse
- * Nutrient fundamentals
- * Dealing with genetic disorders
- * Managing allergies
- * Alleviating arthritis
- * Diagnosing equine Cushing's disease
- * Preventing ulcers and colic
- * Feeding treats safely
- * Pregnancy and lactation
- * Feeding the orphaned foal
- * Optimizing growth
- * Optimizing athletic work and performance
- * Changing needs as horses age
- * Considerations for donkeys and mules

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