



# Finnish Sauna – Design and Construction

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## **Finnish Sauna – Design and Construction** The Building Information Foundation RTS

Outlining information and instructions for the design of genuine Finnish saunas, this guide contains sections on sauna rooms, components, benches, and furnishings. It has been updated to match the latest construction regulations in Finland, and tips on related heating, ventilation, and electrical installations as well as selecting sauna stoves are also featured. At the end of the book, four gems of Finnish sauna architecture are presented, each uniquely realized. Representing the best of Finnish expertise in sauna design, this handbook is the all-inclusive key to successfully planning and building a Finnish sauna.

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