



Conquering Your Fears

Omar Johnson

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Are your fears paralyzing you? It is very rare for a person to never have encountered fear. You may fear heights, spiders, loving someone else, rejection, dying, getting cancer etc. No matter what your particular case maybe you can either let those fears form boundaries beyond which you can't move or grow, or you can face them head-on and allow them to become opportunities to move into new places in your life.

In his book entitled "Conquering Your Fears" author Omar Johnson gets you to examine and understand your own personal fears and gives you the perfect step by step battle plan for dealing with and ultimately conquering those fears.

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