



The Authentic Man: A Guide to Happiness and Purpose

John Smith

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Imagine for a moment that you are living as your “true” and most authentic self. Imagine that from this place all things are possible. Imagine that you are living in a state of happiness, peace, and fulfillment and that you have become an observer of all that life has to offer. Imagine that you have found your “purpose” in life and that you are living each day inspired and excited to bring about a difference in the lives of those people that you love and maybe even the world itself. Imagine that you have created a roadmap for your life and that you have a profound sense of where you are going and how you are going to get there. Imagine that you have broken free from the bonds of your past experiences and that each “lesson” has been the fire that has forged the steel of who you are today. Imagine that all fear, shame, doubt, and guilt has been erased and that the “light” of your being has remained intact and still lives within you in all of its glory. What you have just imagined can become a reality. I know that it can because I have done it myself. THE AUTHENTIC MAN will give you the tools that you need to transform yourself into the person that I just described above.

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Donald Ventura:

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