



# Dr. Nancy Snyderman's Guide to Health: For Women over Forty

*Nancy L. Snyderman M.D., Margaret Blackstone*

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**Dr. Nancy Snyderman's Guide to Health: For Women over Forty** Nancy L. Snyderman M.D., Margaret Blackstone

In this comprehensive health guide for women over forty, the medical correspondent on Good Morning americana “offers authoritative, practical advice written with intelligence, humor, and wisdom” (Dr. Dean Ornish). Index.

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