



The Secrets of the Black Belt Mindset: Ancient Answers to Modern Mysteries

Wil Dieck

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This book isn't about the superiority of any "style" of martial arts. This book is about shifting the way you think using some the same tools of those who, after years and sometimes decades of develop, possess a Black Belt Mindset. Using these tools you can learn to overcome challenges and take on new projects as easily as a Black Belt slices through a board.

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