



# The Story of JUDE: A Guide to Rehabilitation Counseling

*Sol Mogerman*

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## **The Story of JUDE: A Guide to Rehabilitation Counseling Sol Mogerman**

While quietly mourning her husband on the very street corner where he was killed in a motorcycle accident, Jude was run down by an impaired driver who left her with a serious brain injury. As a result she lost the care of her children, legal autonomy, important aspects of her health, and a sense of self. She was so angry that life had heaped these insults upon the indisputable fact of her rapidly advancing Huntington's disease that she vehemently rejected offers of professional help-until she met Sol Mogerman, a counselor hired by her insurance company. The first part of this book gives a session by session account of the counseling journey that led to Jude's forgiveness of a world that injured her and acceptance of her place in it as bearer and example of unconditional love. The second part puts forth the ideas, attitudes and skills that Sol engaged with Jude in their successful process of rehabilitation counseling."The Story of Jude is the book on rehabilitation counseling Carl Rogers would have written had he gained the depth of understanding Sol has acquired from the experience of his own head injury In keeping with the spirit of rehabilitation counseling, the book is highly accessible and practical. The writing is clear, direct, and virtually jargon-free-no mean feat for a book on counseling."-Allan Wade Ph.D."This book is a landmark in the field of rehabilitation counseling. Mogerman's unpretentious style and ease of presentation brings to life a complex subject in a manner that is at once comprehensive, demystifying and inspiring."-Richard Routledge M.A.

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