

Sink Reflections: Overwhelmed? Disorganized? Living in Chaos? The FlyLady's Simple FLYing Lessons Will Show You How to Get Your Home and Your Life in Order--and It All Starts with Shining Your Sink!

Marla Cilley



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Fly Out of CHAOS (Can't Have Anyone Over Syndrome) Into Order-One BabyStep at a TimeWith her special blend of housecleaning tips, humor, and musings about daily life, Marla Cilley, a.k.a. The FlyLady, shows you how to manage clutter and chaos and get your home-and your life-in order. Drawn from the lessons and tools used in her popular mentoring program, the FlyLady system helps you create doable housekeeping routines and break down overwhelming chores into manageable missions that will restore peace to your home-and your psyche. Soon you'll be able to greet guests without fear, find your keys, locate your kids, and, most of all, learn how to FLY: Finally Love Yourself.



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