



REPAIR For Teens: A Program for Recovery from Incest & Childhood Sexual Abuse

Marjorie McKinnon

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Rhythm recovers the natural rhythm you had before the incest happened, the blueprint that is the essence of your true nature, becoming who you really are.

REPAIR for Teens recognizes the unique issues confronting adolescent abuse survivors including peer pressure, difficulties with school, acting out, the urge to self-soothe with cutting or unhealthy eating behaviors, running away and the possibility of living with an abuser in the family. Remember, 1 in 4 girls and 1 in 6 boys have been sexually assaulted by the age of 18. No teenager should be alone in trying to sort out their life after sexual abuse.

Therapists' Acclaim for REPAIR Your Life

"Thank you Marjorie and God bless you for adapting this program for our survivors to follow. You have given survivors hope to continue on their healing journey."

--Donna Gustafson, Executive Director, Sunrise Center Against Sexual Abuse

"Anyone wanting to recover from the life-long trauma of childhood sexual abuse will benefit from this book."

--Marcelle B. Taylor, MFT

"This program just has to work, because whether intuitively or through research, Marjorie McKinnon has assembled a highly effective program of recovery."

--Bob Rich, PhD, www.anxietyanddepression-help.com

Please visit **www.TheLampLighters.org** for more information or to find a group in your area.

Special editions available for young people: ask your bookseller for "REPAIR for Kids" and "REPAIR for Toddlers".

Another life-changing title from Loving Healing Press www.LHPress.com

SEL001530 Self-Help : Abuse - Sexual

SEL029000 Self-Help : Twelve-Step Programs

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From reader reviews:

Fannie Garcia: This REPAIR For Teens: A Program for Recovery from Incest & Childhood Sexual Abuse are usually reliable for you who want to be a successful person, why. The main reason of this REPAIR For Teens: A Program for Recovery from Incest & Childhood Sexual Abuse can be one of many great books you must have will be giving you more than just simple reading through food but feed you actually with information that possibly will shock your earlier knowledge. This book is actually handy, you can bring it just about everywhere and whenever your conditions in the e-book and printed types. Beside that this REPAIR For Teens: A Program for Recovery from Incest & Childhood Sexual Abuse forcing you to have an enormous of experience like rich vocabulary, giving you trial of critical thinking that we understand it useful in your day exercise. So, let's have it and luxuriate in reading.

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