



Sex For Dummies (...for Dummies Business and General Reference Book)

Sabine Walter

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You're no dummy when it comes to sex, right? And yet there are sexual partners who don't know how to please themselves or each other, thousands of sexually transmitted diseases spread, and a million unwanted pregnancies each year in the U.S.

That's why for more than 20 years, Dr. Ruth K. Westheimer has traveled the world bringing her message of sexual literacy to millions of people who need information on love, relationships, and sex, but have been too afraid to ask. Now, *For Dummies* has partnered with world-famous sex maven, Dr. Ruth, to bring you this down-to-earth, educational, and informative guide to sex in the '90s.

Starting with the basics, Dr. Ruth covers it all, from procreation to puberty to courtship and commitment. She gives you no-nonsense tips, advice, techniques, and suggestion for how to find the right partner, how to keep the romance alive, how to enjoy sex well into the golden years, and how to explore your own sexuality. With helpful case studies and icons, Dr. Ruth cuts through all the jargon and medical terminology to provide you with clear and concise information in a fun and easy-to-read format.

Inside, you'll discover how to:

- Talk to kids and teenagers about safer sex
- Keep the romantic fires burning with gifts, getaways, and more
- Explore family planning options
- Discuss the topic of HIV and AIDS with your partner
- Make foreplay and afterplay a normal part of your lovemaking
- Avoid catching a sexually transmitted disease
- Address male and female "problems" like impotency and infertility
- Maintain an active sex life in the face of medical or physical disabilities
- Explore sex on-line: fun for you, safety for your kids

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Larry Moore:

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Robert Ross:

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