



Your Aura & Your Chakras: The Owner's Manual

Karla McLaren

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Your Aura & Your Chakras: The Owner's Manual Karla McLaren

A clear and comprehensive text for the restoration and maintenance of your subtle energy system. McLaren, who has worked with survivors of abuse and trauma, shows how to clear the chakras of old hurts and to cleanse and strengthen the aura for protection against invasive energy. Bibliography. Index.

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