

The New Naked: The Ultimate Sex Education for Grown-Ups

Harry Fisch , Karen Moline



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"Harry Fisch knows more about sex than anyone on earth, with the possible exception of Colin Farrell. This book will improve your love life. You should trust Harry Fisch. I do, and there are few I'd let anywhere near that subject."?A.J. Jacobs, New York Times bestselling author of The Year of Living Biblically and Drop Dead Healthy

Fire Up Your Sex Life and Your Relationship with This Smart, Refreshingly Candid Guide from Dr. Harry Fisch.

Let's be honest: If it's been years since you had the "talk," it's going to show?in the bedroom and out. As Dr. Fisch, a sexual health and fertility expert at Cornell Medical College and a hit radio talk show host, discovered, lots of couples are having lots of sex...but that doesn't mean they're any good at it. Or satisfied. But life between the sheets doesn't have to be lackluster!

In The New Naked, Dr. Fisch brings you the ultimate sex education for grown-ups. This indispensable guide:

- •Helps couples master bedroom basics they were never taught in any health class
- •Lays bare both men's and women's various sexual needs and perceptions
- •Shows couples how to decode their partner's sex speak, navigate the risky business of porn, medical issues, and bad bedroom habits, and fulfill each other's fantasies.
- •Unlocks the secrets to successful foreplay with Dr. Fisch's unique LSD system (Listening + Security + Desire), a three-step approach to put the sizzle back in your sexy time!

Packed with easy-to-follow advice and stories from real couples, The New Naked will prime you for the greatest sex of your life?and the happiest relationship too.



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