



Down Came the Rain: My Journey Through Postpartum Depression

Brooke Shields

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In this compelling memoir, Brooke Shields talks candidly about her experience with postpartum depression after the birth of her daughter, and provides millions of women with an inspiring example of recovery. When Brooke Shields welcomed her newborn daughter, Rowan Francis, into the world, something unexpected followed--a crippling depression. Now, for the first time ever, in *Down Came the Rain*, Brooke talks about the trials, tribulations, and finally the triumphs that occurred before, during, and after the birth of her daughter.

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