

# Caregiving as Your Parents Age: The Complete Guide to Helping Your Parents Age Gracefully, Happily and Healthfully (Paperback) - Common

By (author) Linda Rhodes



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Millions of people are taking on a new role in the care of their aging parents-whether it be physical, mental, or financial. Here's the book with the expert advice on: - Understanding aging: physical changes, mental health issues and diseases, emotional problems - Health: managing the world of geriatrics, drugs, becoming a patient advocate, hospitals, assisted living, nursing homes - Caregiving: ...



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